
sportbility

s u p p o r t i n g y o u r
s p o r t i n g a b i l i t y



@sportbility



Sportbility



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www.sportbility.com.au

EVENTS
BOOKLET

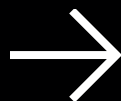


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PROUDLY SUPPORTING



goodFriday
appeal

THE ROYAL CHILDREN'S HOSPITAL

Since 1931, the Good Friday Appeal has raised funds for The Royal Children's Hospital in Melbourne. Over this time, funding has supported projects at the Hospital that have helped it become world leading.

With support from our wonderful community of fundraisers, the Good Friday Appeal can help the Hospital continue to provide world-class care to patients and their families by funding projects in four key areas:

- State of the art equipment and technology
- Ground breaking research
- Education and training for staff development
- Patient and family centred care programs

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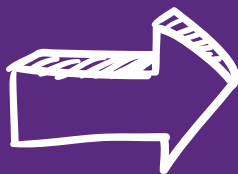


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THE ROYAL CHILDREN'S HOSPITAL



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**Sportbility will be at
the Kids Day Out
running sports and
activity sessions for
people of all abilities**



**I'm supporting the
Good Friday
Appeal!**



Since 1931, the Good Friday Appeal has raised funds for The Royal Children's Hospital in Melbourne. Over this time, funding has supported projects at the Hospital that have helped it become world leading.

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SCHEDULE



10:00am

**Start of Kids
DayOut**



**10:00am-
12:00pm**

Bowling



**12:00pm-
2:00pm**

**Giant Jenga +
Bean bag toss**



**2:00pm-
5:00pm**

**Giant four
sided quoits**



5:00pm

**Kids Day out
done**



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**To find out more information
head to
www.goodfridayappeal.com**

The link to donate is in our bio!

**We look forward to seeing
you there!**

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JOIN OUR TEAM - 4.7KM FUN RUN

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HOW TO REGISTER

01 CLICK LINK IN OUR BIO

02 CLICK 'JOIN TEAM'

03 REGISTER 4.7KM COURSE

04 DONATE IF POSSIBLE

05 SEE YOU ON MARCH 17

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SHORT COURSE START ZONES

Please assemble in Harbour Esplanade adjacent to Marvel Stadium and near the corner of Latrobe Street.

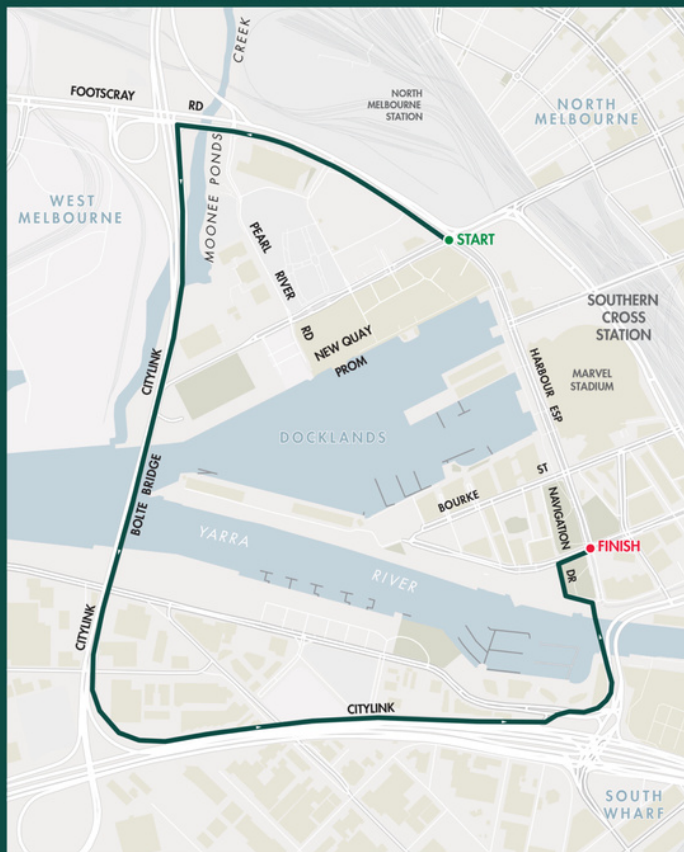
When you arrive at the start zone, please ensure you assemble in the zone matching the colour of your race bib.

MORE INFORMATION

- ✓ Green FAST zone - Start time - 9:30am
- ✓ Purple JOG zone - Start Time - 9:40am
- ✓ White WALK zone - Start Time - 9:50am
- ✓ Family FUN zone - Start Time - 10:00am



SHORT COURSE
4.7km



SPORTBILITY'S GOAL IS TO COMPLETE THE RUN FOR KIDS 4.7KM FUN RUN IN A TEAM. WHETHER THAT'S RUNNING, WALKING OR USING A MOBILITY AID, LET'S FINNISH THIS COURSE TOGETHER!

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SEE YOU THERE

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